

Resolutions Tracker for the YEAR



Each day, track your progress by colouring in the boxes. Using any colour of your choice, colour the days you crush it (i.e. complete your resolution), leave blanks for misses, and cross out extra days of the month.

Month	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
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